Granger Recreation Center

1310 W. Avenue F, Garland, TX 75040 ● 972-205-2771 ● GRC@GarlandTX.gov ● GarlandParks.com

PROGRAM SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9 a.m.						Tae Kwon Do 9 a.m.
10 a.m.						
11 a.m.						
Noon						
1 p.m.						
2 p.m.	Fitness 101 By appointment	Fitness 101 By appointment	Fitness 101 By appointment	Fitness 101 By appointment	Fitness 101 By appointment	
3 p.m.	FYI Afterschool Program 3 p.m.	FYI Afterschool Program 3 p.m.	FYI Afternoon Program 3 p.m.	FYI Afterschool Program 3 p.m.	FYI Afterschool Program 3 p.m.	
4 p.m.	3 р.ш.	3 p.m.	Lil Tots Soccer 4 p.m.	FYI Basketball Skills 4 p.m.	3 p.m.	
5 p.m.				FYI Basketball Skills 5 p.m. Butterfly Ballet & Tap 5:30 p.m.		
6 p.m.	Zumba 6 p.m.		Tae Kwon Do 6 p.m. Cardio Fitness 6 p.m.	Elementary Ballet & Tap 6:15 p.m.		
7 p.m.	Fan & Flare Dance 7 p.m. Tae Kwon Do 7 p.m. N.E.S.T. Basketball 7 p.m.	Ramblin' Rounds 7 p.m.	·	Hip-Hop Combo 7 p.m.		
8 p.m.						

All program information subject to change and availability. Registrations accepted on first-come, first-serve basis. Waitlists available for most full programs. Pre-registration required for most programs. A program may cancel if minimum number of registrations is unmet. A City of Garland waiver and release of claim is required prior to participating in any program. All programs occur weekly unless noted with a date.